

Small Group Discussion Guide: “Give Us This Day Our Daily Bread”

Opening Prayer

Invite someone to open in prayer, asking God to nourish your group spiritually through His Word and presence.

Icebreaker

- What’s your favorite type of bread (or carb!) and why?
 - Share a memorable meal you’ve had and what made it special.
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Read the Scripture Aloud

John 6:25–35

(Optional additional passages: Exodus 16:1–5, Matthew 6:9–13)

Discussion Questions

1. Reflecting on the Message

- What stood out to you most from the message or passage?
- How did this teaching shift your understanding of the phrase “Give us this day our daily bread”?

2. Daily Dependence

- In Exodus, God provided manna daily. What does that say about God’s desire for our dependence on Him?
- Where are you tempted to rely on yourself instead of trusting God’s daily provision?

3. Jesus, the Bread of Life

- What does Jesus mean when He says, “I am the bread of life”?
- How does this image deepen your relationship with Jesus?

4. Physical vs. Spiritual Hunger

- How do you typically respond to physical hunger? How about spiritual hunger?
- What are some signs in your life that you might be spiritually hungry?

5. Application

- What does it look like for you to “feast” on Jesus this week?

- Are there practices (like prayer, Scripture, or community) that help you receive your “daily bread” from Him?
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Prayer Focus

- Thank God for His faithful provision—physically and spiritually.
 - Ask Him to help each group member grow in daily dependence on Jesus, the true bread.
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Optional Activity

Bread & Reflection: Bring a loaf of bread to share. As you eat together, take turns sharing how God has sustained you in a specific season. Let it be a symbolic reminder of Jesus' words in John 6.