

Small Group Discussion Guide

Exodus 7:14–8:15

Big Idea: Who is the Lord? The Author and Sustainer of Life

1. Think of a time someone made a promise but was slow to follow through (like Scotty Smalls and his step-dad in the sermon illustration). How did that affect your trust in them? What have you come to appreciate about God's consistency (alignment in word and deed) through the account of the signs and wonders done in Egypt?

2. The sermon spoke of modern "Heqets" (Egyptian goddess of fertility) — doctors, research, social media influencers, ChatGPT, personal health routines — used to gain a sense of control over life (childbirth and fertility in particular). Why are we prone to turn to these sources before we turn to God?

Consider Genesis 2:7 and Psalm 139:13-16: What does it reveal about God as the author of life?

3. The sermon connected the shutdown of March 12, 2020 to the plague of the Nile — a single day that upended assumptions about control, comfort, and stability. Reflect on the weeks and months that followed this global shutdown. Where did you turn for comfort, control and stability in this season of life?

4. The sermon likened our perceived control to "sand through fingers". What thing (or things) are you gripping on to but have less control than you might realize? What would it look like to submit this thing to God?