

Hardened Heart - Small Group Discussion Guide *Exodus 6, 7:7*

1. The sermon compared a hardened heart to a callus — a spot that goes numb after taking the same pressure over and over. Is there an area of your life where your heart feels "calloused" toward something God has been showing you? What do you think caused it?
2. The sermon said we have real choices and are responsible for them, even though God is also fully in control. Where do you find it hardest to believe you actually have a choice — in a habit, a relationship, or something else?
3. Think of someone you love who doesn't believe in Jesus. How does it feel to hold onto both truths at once — that God is completely in control, and that you still get to pray and hope for them? Which one do you lean on more right now?
4. Nineveh was one of the most brutal nations in history, yet God showed them mercy the moment they turned to Him. Is there a person — maybe even yourself — you've quietly decided is "too far gone" for God's grace? What would it look like to let that go?
5. The sermon ended with Jesus' invitation: "Come to me... I'll show you how to take a real rest." What's one specific way you could respond to that this week — whether it's trusting Jesus for the first time, or coming back to Him again?