

Small Group Discussion Guide

Scripture: John 6:25–71

Title: “Jesus, the Bread of Life”

1. Welcome & Icebreaker

Question: What’s one food you could eat every day and not get tired of? Why?

Transition: In today’s passage, Jesus talks about Himself as the kind of food we truly need—bread that gives eternal life.

2. Read the Passage

Take turns reading John 6:25–71 aloud. Invite group members to listen actively and note anything that stands out or confuses them.

3. Exploring the Word

A. False Expectations of Jesus (vv. 25–34)

Read: John 6:25–34

Discuss:

- Why were the crowds looking for Jesus? (v. 26)
- What kind of “bread” were they interested in?
- How do people today seek Jesus for the wrong reasons? Have you ever done that?

Reflect: What’s the difference between using Jesus to get what we want and coming to Him to receive what we truly need?

B. Jesus, the Bread of Life (vv. 35–59)

Read: John 6:35–40, 48–58

Discuss:

- What does Jesus mean when He says, “I am the bread of life”?
- How is Jesus different from the manna the Israelites ate in the wilderness?
- What does it look like to “feed on” Jesus in daily life?

Reflect: How has Jesus satisfied your spiritual hunger? Where do you still struggle to trust Him as your source of life?

C. Sovereignty and Responsibility (vv. 37–40, 44–47, 60–66)

Discuss:

- What do these verses teach about who comes to Jesus and why?
 - v. 37: “All that the Father gives me will come to me...”
 - v. 44: “No one can come unless the Father draws him...”
 - v. 40: “Everyone who looks to the Son and believes...”
- How do divine sovereignty and human responsibility both show up here?
- Why do you think many disciples stopped following Jesus after this teaching?

Reflect: Have you ever struggled with doubts or hard teachings of Jesus? What helped you remain with Him—or return?

D. The Response of Faith (vv. 67–71)

Read: John 6:67–71

Discuss:

- What do Peter’s words in v. 68 tell us about true faith?
- What keeps you rooted in Jesus even when faith feels difficult?

Reflect: “Lord, to whom shall we go?” — How does this question help re-center your faith?

4. Application

Personal Challenge:

- Take 5–10 minutes each day this week to sit with Jesus as your “daily bread”—through Scripture, prayer, or silence.
- Ask: What is sustaining me right now? Is it Christ?

Group Prayer:

- Pray for hearts that hunger for the Bread of Life.
- Ask God to deepen faith and help each other trust in hard or confusing seasons.