

Small Group Bible Study: *The Meaning of Communion*

Main Passage: 1 Corinthians 11:23–26

Supporting Texts: Acts 2:42; Luke 22:14–20

Discussion Questions

1. **Remembering Christ's Sacrifice:**

Johnny said that communion is an act of *anamnesis*—"not forgetting." Why do you think Jesus commanded us to remember Him through a physical meal rather than just in our minds? How does this change the way you think about taking communion?

2. **Unity at the Table:**

Communion is sometimes called *koinonia*—a meal of fellowship and shared life. How can the Lord's Table help break down walls between people in the church today? Can you think of a relationship that God might be prompting you to reconcile before sharing communion again?

3. **A Covenant Meal:**

The sermon explained that communion is a covenant—a promise sealed by Jesus' blood. What responsibilities or commitments do you think this covenant asks of believers today? How might your life look different if you lived daily as someone "under covenant" with God?

4. **The Bread and the Cup:**

The bread symbolizes unity ("we are one loaf") and Christ's broken body; the cup represents His blood and our shared salvation. When you take communion, do you tend to focus more on your personal faith or the faith of the community? Why is it important to remember both?

5. **Communion as Worship:**

Johnny said that communion shouldn't be treated as an *add-on*, but as "the centerpiece and high point of Christian worship." How could this truth reshape the way you prepare for and participate in communion during church services?

6. **Approaching the Table:**

We were reminded to come with humility, gratitude, and reconciliation. What helps you prepare your heart before receiving communion? What might be one habit or practice you could add to make that preparation more meaningful?

7. **Living Out the Story:**

Johnny said that communion “immerses us in God’s bigger story” and keeps “the main thing the main thing.” How can remembering Jesus’ sacrifice each week shape the way you handle daily life—your priorities, relationships, or struggles?