



SR Kids at home Activities

FAMILY EDITION



PRAY TOGETHER:

Spend some time thanking Jesus for who He is and ending the prayer with...

"You are the LIGHT of the World, help US to FOLLOW you."



PRAY TOGETHER:

Spend some time praying for those who don't yet know that Jesus is the LIGHT (friends, neighbours, family) and ending the prayer with...

"You are the LIGHT of the World, help THEM to FOLLOW you."



PRAY TOGETHER:

Spend some time praying for Government Leaders and Medical Staff and ending the prayer with...

"You are the LIGHT of the World, help THEM to FOLLOW you."



MEMORIZE

Hebrews 13:8 NIRV:

Memorize the above theme verse with your child..

Preschoolers can use the actions provided in the Sunday Morning Preschool Videos.



MEAL TIME CONVERSATION

Talk about:

Talk about how light keeps us safe and helps us? ie. headlights on cars, lighthouse for ships, flashlight in forest, night light in bedroom and how Jesus does the same thing.



HIDE AND SEEK ACTIVITY

In a dark room hide several objects, then ask your child to find them. Discuss the challenges with this. Then give your child a flashlight and ask them to find the same objects, discuss how light makes it much easier to find the objects. Discuss how Jesus being our light, leads us away from making bad choices (sin) and showing us a path to making better choices.

Stargazing Activity
** See Reverse **

STARGAZING:

I'm always amazed by how much light permeates from the moon and the stars. The dark night sky reminds me of a blanket that covers us, but the stars and the moon are little peak holes in the blanket for God to watch us as we sleep. It's really amazing how bright those stars are!

Talk:

- To your child about the sky and the stars, try and find a shooting star, or different constellations.
- Or talk about why the moon is so bright: that it reflects the light from the sun!

It can be daunting to keep a child up past bedtime, however, what a rich time to spend one-on-one with your child discovering God's wonderful Creation and talking about how He intertwined everything to point to His glory for our salvation!